

June 2019		WCDC MENU			(Weeks 6-1)															
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY												
3	Cereal-Crispix Juice-Strawberry Banana Hamburger Pizza (WG)** Corn Pears Goldfish Crackers (WG)	B	4	Waffles (WG)** Banana Ranch Chicken Sweet Potatoes Fruit Cocktail Brown Rice Pilaf (WG) Graham Crackers (WG)	B	5	Applesauce Bar (WG) Mandarin Oranges PB&J Sandwich (WG) Baby Carrots Peaches Cheese Stick Wheat Thins (WG)	B	6	Toasted Bagel (WG) Applesauce Meatloaf (WG) Mashed Potatoes Pineapple Bread/Butter (WG) (KC only) Bird Seed (WG)	B	7	Cereal-Life (WG) Juice-Apple Taco Salad Frozen Fruit Cup Cheesy Breadstick** Oatmeal Muffin (WG)	B	LUNCH	LUNCH	LUNCH	LUNCH	S	S
10	Cereal-Crisped Rice Juice-Cherry Marinara Meatballs Romaine Lettuce/Dressing Mixed Fruit Garlic Breadstick (WG) Cinnamon Bears (WG)	B	11	French Toast Sticks (WG) Banana Hotdogs & Beans Tropical Fruit Bread/Butter (WG) Saltine Crackers	B	12	Apple Breadstick (WG) Mandarin Oranges Cold Cut Sandwich (WG) Cucumbers w/Dip Apple Slices (1-5 yr olds) Grapes (6-12 yr olds) Cheese Stick/Tortilla Chips (WG)/Water	B	13	Biscuit (WG) Applesauce Goulash (WG) Romaine Lettuce/Dressing Cinnamon Apples Bread/Butter (WG) (KC only) Ranch Oyster Crackers	B	14	Cereal-MultiGrain Cheerios Juice-Grape Rib Patty/Bun (WG) Fresh Broccoli Watermelon Wedges Bologna Rollup (WG)/Water	B	LUNCH	LUNCH	LUNCH	LUNCH	S	S
17	Cereal-Corn Chex (WG) Juice-Citrus Punch Ital. Chicken Patty/Bun (WG) Baked Beans Pears CheezIt Crackers (WG)	B	18	Mini Maple Pancakes (WG)** Banana Cheese Pizza (WG)** Lettuce/Dressing Fruit Cocktail Cottage Cheese Strawberry Yogurt/ Toasted Oats (WG)/Water	B	19	Vanilla Muffin Bar (WG) Mandarin Oranges Beef/Bean/Cheese Burrito (WG) Green Beans Pineapple Townhouse Crackers/ Cheese/Water	B	20	Bagel (WG)/Cream Cheese Applesauce Ham Patty Lettuce/Dressing Peaches Macaroni & Cheese (WG) Cinnamon Crackers (WG)	B	21	Cereal-Kix (WG) Juice-Berry Ham & Cheese Pita (WG) Baby Carrots Apple Slices Corn Muffin Squares (WG)**	B	LUNCH	LUNCH	LUNCH	LUNCH	S	S
24	Cereal-Toasted Oats (WG) Juice-Orange Pineapple Loose Meat Sandwich (WG) Tater Tots Mixed Fruit 1/2 Cheese Stick (2-5) Tortilla Chips (WG)/Salsa	B	25	Oven Pancake (WG)** Banana Chicken Alfredo/Noodles Lettuce/Dressing Apricots Breadstick (WG) (KC only) Chex Mix (WG)	B	26	Toasted English Muffin Mandarin Oranges Cheesy Ham & Potatoes Cinnamon Apples Bread/Butter (WG) Cottage Cheese/Pineapple/ Water	B	27	Cinnamon Biscuit (WG) Applesauce Taco Goulash (WG) Lettuce/Dressing Tropical Fruit Tortilla Chips (WG) (KC only) Bagel (WG)/Cream Cheese	B	28	Cereal-Rice Chex (WG) Juice-Fruit Punch Bean/Cheese Rollup (WG) Fresh Broccoli Watermelon Wedges Cheese Sandwich (WG)/ Water	B	LUNCH	LUNCH	LUNCH	LUNCH	S	S
						Field Trip - Picnic Lunch Provided														
						Field Trip - Half Day														
						Milk is served unless otherwise noted. (WG)=Whole Grain White skim milk is served (1 fat gram/cup). White whole milk is served to 1 year olds (18 fat grams/cup). 8th Continent soy milk is substituted for some children. **Egg free substitution provided.														