

DECEMBER 2019

WCDC MENUS

(Weeks1-5)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 Cereal-Toasted Oats(WG) Juice-Orange-Pineapple	B	3 Cream of Wheat(WG) Banana	B	4 Toasted English Muffin(WG) Mandarin Oranges	B	5 Cinnamon Biscuit(WG) Applesauce	B	6 Cereal-Rice Chex(WG) Juice-Fruit Punch	B
Loose Meat on Bun(WG) Tator Tots Mixed Fruit 1/2Cheesestick(2-5)	LUNCH	Chicken Alfredo w/Broccoli Lettuce Salad Apricots Garlic Breadstick(WG)	LUNCH	Cheesy Ham&Potatoes Cinnamon Apples Bread/Butter(WG)	LUNCH	Taco Goulash(WG) Lettuce Salad Tropical Fruit	LUNCH	Lentil Soup Cheesy Breadstick(WG) Broccoli/Dip Oranges	LUNCH
Goldfish(WG)	S	Chex Mix (WG)	S	Cot.Cheese W/pineapple	S	Bagel w/Cr. Cheese(WG)	S	Cheese Sandwich(WG)	S
9 Cereal-Crispix(WG) Juice-Strawberry-Banana Chicken Nuggets(WG) Baked Beans Pears	B LUNCH	10 Oatmeal(WG) Banana Cowboy Casserole Tortilla Chips(WG) Peas Fruit Cocktail	B LUNCH	11 Applesauce Squares(WG) Mandarin Oranges BBQ Cocktail Weiners Green Beans Peaches Macaroni&Cheese(WG)	B LUNCH	12 Toasted Bagel(WG) Applesauce BBQ Riblet on Bun (WG) Corn Apple Slices	B LUNCH	13 Cereal-Life(WG) Juice-Berry Chili Saltine Crackers(w/Soup) Carrots W/Dip Oranges	B LUNCH
Strawberry yogurt/toasted o	S	Graham Crackers(WG)	S	Wheat Thins(WG)	S	Bird Seed(WG)	S	Banana Bread	S
16 Cereal-Crisped Rice Juice-Cherry	B	17 Chocolate Malt O Meal(WG) Banana	B	18 Pumpkin Muffin(WG) Mandarin Oranges	B	19 Biscuit(WG) Applesauce	B	20 Cereal-MultiGrain Cheerios(W) Juice-Strawberry-Kiwi	B
Mexican Pizza(WG) Corn Mixed Fruit	LUNCH	Chicken/Cheese Burrito WG Lettuce Tropical Fruit	LUNCH	Tator Tot Casserole Apricots Garlic Breadstick(WG)	LUNCH	Chicken&Noodles Romaine Lettuce Cinnamon Apples	LUNCH	Ham&Bean Soup Homemade Bread(WG) Carrots W/Dip Mandarin Oranges	LUNCH
CheezIt Crackers(WG)	S	Saltine Crackers	S	Chz.Stick/Tortilla Chips(WG)	S	Ranch Oyster Crackers	S	Animal Crackers	S
23 Cereal-Corn Chex(WG) Juice-Orange-Pineapple	B	24	B	25	B	26 Bagel w/Cr. Cheese(WG) Applesauce	B	27 Cereal-Kix(WG) Juice-Fruit Punch	B
BBQ Meatballs Mashed Potatoes Pears Garlic Breadstick(WG)	LUNCH	MERRY CHRISTMAS CENTER CLOSED	LUNCH	MERRY CHRISTMAS CENTER CLOSED	LUNCH	Tuna&Noodles Mixed Vegetables Peaches	LUNCH	Chicken Noodle Soup Saltine Crackers(w/Soup) Broccoli/Dip Orange Slices	LUNCH
Chips&Salsa(WG)	S		S		S	Cinnamon Cracker(WG)	S	Sweet Potato Muffin(WG)	S
30 Cereal-Toasted Oats(WG) Juice-Green Watermelon	B	31 Cream of Wheat(WG) Banana	B	1	B	School Day			
Sloppy Joe on Bun (WG) Sweet Potato Fries Mixed Fruit CheeseStick(2-5;1/2ea)	LUNCH	Spaghetti W/Meat Sauce Lettuce Salad Cinnamon Apples	LUNCH	Happy New Year CENTER CLOSED	LUNCH	Early Release			
Goldfish(WG)	S	Chex Mix (WG)	S		S	Milk is served unless otherwise noted. (WG)=Whole Grain White skim milk is served (1 fat gram/cup). White whole milk is served to 1 year olds (18 fat grams/cup). substituted for some children. **Egg free substitution provided.			

